
EDITORIAL

The Myanmar Health Sciences Research (MHSR) Journal is published by the Department of Medical Research, Ministry of Health and Sports, Republic of the Union of Myanmar. The original articles, review articles, short reports and correspondences in the field of biomedical and health sciences have been selected and published since April 1989. We provide as an important platform for the publication of original research, thus filling gaps in health knowledge for effective utilization of research findings in various discipline.

In view of that, we publish this Journal, Volume 31, No. 3, consisting of 14 original research articles and a short report with the essence of contributing to the improvement of health care. In this issue, we selected the manuscript for the study of quality of life assessment among the adult patients who have undergone cardiac surgery, as a leading article. The evidence suggested that psychological support was an important factor in post-operative quality of life score.

Furthermore, research findings related to the non-communicable disease such as glucose-6-phosphate dehydrogenase deficiency, malignant ascites, ovarian tumor, leukaemia, lymphoma, colorectal carcinoma, cirrhosis and breast tumor were published.

Moreover, research findings on herbal medicine, catastrophic health expenditure, oral hygiene, smoking and obesity were selected to include in this issue. As we tried our best to include the various discipline, findings on communicable diseases such as influenza and hepatitis were also available in this issue for the reader.

In addition, as we can clearly see that all authors of these published articles presented concise and informative facts and figures in their own studies, the editorial committee sincerely hopes that our national and international readers will take delight in reading this issue.

Last but not the least, we would like to encourage all scientists and interested researchers to attend the 48th Myanmar Health Research Congress that will be held on January 13-17, 2020 at the Department of Medical Research, Yangon, Myanmar with the theme "Antimicrobial Resistance: A Threat of Global Concern".